APPLICATION PROCESS

Please visit our website for Residency dates and further information on the application process.

www.francis.edu/DiSepioResidency.htm

Application deadline: February 15



The Sports Physical Therapy Residency Program at Saint Francis University is offered in conjunction with the:

- Department of Physical Therapy
- Department of Athletic Training
- Department of Athletics
- DiSepio Center for Rehabilitation



For further information, please contact

Ivan Mulligan, PT, DSc, SCS, ATC, CSCS Director, Sports Physical Therapy Residency IMulligan@francis.edu

DiSepio Institute for Rural Health and Wellness

at Saint Francis University PO Box 600 108 Franciscan Way Loretto, PA 15940 Ph: 814-472-3123

Visit us at

www.francis.edu/DiSepioResidency.htm

Saint Francis University, inspired by its Franciscan and Catholic identity, values equality of opportunity, human dignity, racial, cultural and ethnic diversity, both as an educational institution and as an employer. Accordingly, the University prohibits and does not engage in discrimination or harassment on the basis of gender, age, race, color, ethnicity, religion, sexual orientation, marital status, disability, veteran status, or any protected classification. The University is committed to this policy based upon its values and in compliance with federal and state laws. This policy applies to all programs and activities of the University, including, but not limited to, admission and employment practices, educational policies, scholarship and loan programs and athletic or other University-sponsored programs. Questions regarding this policy may be addressed to the Institutional Compliance Officer/Affirmative Action/Title IX/Section 504 Coordinator, Saint Francis University, 102 Raymond Hall, Loretto, PA 15940 (814) 472-3264.

The DiSepio Institute for Rural Health and Wellness abides by the Saint Francis University Nondiscrimination Statement and No Harassment Policy.



Sports Physical Therapy **RESIDENCY PROGRAM**





MISSION STATEMENT

To provide physical therapists an opportunity to become a leader in the community, and provide advanced knowledge, skills, and professional behavior that will shape the future of sports physical therapy.

PROGRAM DESCRIPTION

The DiSepio Institute for Rural Health and Wellness has partnered with the Saint Francis University Department of Physical Therapy, the Department of Athletic Training, and the Department of Athletics to offer a clinical Residency program for physical therapists interested in pursuing a career in sports physical therapy. The Sports Physical Therapy Residency Program is a credentialed residency program by the American Physical Therapy Association (APTA).

The Sports Physical Therapy Residency Program is designed to advance the knowledge and skills of physical therapists who are interested in sports physical therapy. The program attempts to mirror the *Description of Specialty Practice in Sports* and focuses on the following areas:

- Evidence based practice in examination and interventions related to sports injuries
- Advanced clinical skill in exercise prescription and manual techniques
- Health promotion, fitness, and wellness
- Education and instruction
- Research

CURRICULUM

The professional development component of the Sports Physical Therapy Residency Program includes a comprehensive series of weekly lectures and case reviews, laboratory instruction in the entry-level physical therapy program, surgical and physician office observation, participation in annual conference, participation in a research project, on-field experience with the athletic training staff, time in mentored clinical practice, and non-mentored clinical practice treating a sports patient population.

PROGRAM GOALS

- To provide an opportunity to develop advanced clinical skills for evaluating and treating athletes with a sportsrelated injury
- To provide an opportunity to acquire the knowledge necessary to successfully complete the American Board of Physical Therapy Specialties Examination in Sports Physical Therapy
- To provide an opportunity to observe other health professionals to effectively manage sports-related injuries
- To participate in a multi-disciplined team approach to effectively manage sports injuries
- To provide an opportunity to participate in research related to sports physical therapy.

Admission Requirements

Preferred applicants are physical therapists who are interested in a career in sports physical therapy. Skills in previous clinical experiences in a sports rehabilitation setting and involvement in instruction of physical therapy students are recommended.

Applicants must also possess:

- Current or eligible physical therapy licensure in the Commonwealth of Pennsylvania
- One of the following by the time of residency: a current ATC designation (certified in the Commonwealth of Pennsylvania), a current license as an EMT, or certification as an Emergency Responder
- Malpractice insurance.



CREDENTIALED RESIDENCY PROGRAM

Saint Francis University Loretto, PA

DiSepio Institute for Rural Health and Wellness 108 Franciscan Way Loretto, PA 15940

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